

Park Contact: Jim Terruso Park Phone Number:413-534-1186 or 413-527-4805 NOTE: UNLESS NOTED ALL PROGRAMS START AT STONE HOUSE VISITOR CENTER

For more information, please see Program Descriptions below the Calendar

Cundon	Mandan	Transform	Wadnagday	Thursday	Tridor	Cotundor
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10:20 I if-
						10:30 a.m. Life Around the
						Lake.
						Lake.
						2:00 p.m. Hike
						to Goat Peak.
3	4	5	6	7	8	9
10:30 a.m.	1:00 p.m.	10:30 a.m. Jr.				10:30 a.m. Life
Birding for	Senior Hike.	Rangers/ Trail				Around the
Beginners.		Kids.				Lake.
	2:30 p.m.					
2:00 p.m.	Teatime at Tom	1:30 p.m.				2:00 p.m. Hike
Sunday		Explorers Club.				To Mt.
Afternoon						Nonotuck.
Family Prog.						
Flying with						
Butterflies.						
10	11	12	13	14	15	16
10:30 a.m.	1:00 p.m. Senior	10:30 a.m.				10:30 a.m. Life
Birding for	Hike.	Jr. Rangers/				Around the
Beginners.		Trail Kids				Lake.
	2:30 p.m.					
2:00 p.m.	Teatime at Tom.	1:30 Explorers				2:00 p.m. Beau
Sunday Aft.		Club.				Bridge Hike.
Program.						
Candle Making.						



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17 10:30 a.m. Birding for Beginners. 2:00 p.m. Sunday Aft. Program. Dragonflies, Insect Helicopters.	18 1:00 p.m. Senior Hike. 2:30 p.m. Teatime at Tom.	19 10:30 a.m. Jr. Rangers/ Trail Kids. 1:30 Explorers Club.	20	21	22	23 10:30 a.m. Life Around the Lake. 2:00 p.m. Whiting Peak Hike.
24 10:30 a.m. Birding for Beginners. 2:00 p.m. Sunday Aft. Family Program. Ponding at Lake Bray.	25 1:00 p.m. Senior Hike. 2:30 p.m. Teatime at Tom.	26 10:30 a.m. Jr. Rangers/ Trail Kids. 1:30 Explorers Club.	27	28	29	30 10:30 a.m. Life Around the Lake. 2:00 p.m. D.O.C. Trail Hike.
31 10:30 a.m. Birding for Beginners.						



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2:00 p.m.			
Sunday Aft.			
Family			
Program.			
Hawk Watch.			

PROGRAM DESCRIPTIONS

Birding for Beginners.	People who want to learn the basics of birding can join us each week for this hour long program that will discuss the use of bird guide books, bird lists, and binoculars. We will then go out and try our new skills in bird watching.
Sunday Afternoon Family Program.	Each week for one hour we will explore a different aspect of the flora and fauna here at Mt. Tom. Active audience participation along with hands on exploration will be the highlight of each program. These programs are geared for the whole family and all abilities.
Senior Hike.	People age 55 and up can join in on this hour long hike that will travel on one of Mt. Toms' beautiful trails. The terrain will be easy to moderate and the pace will be slow with a number of stops. Nature topics will be discussed along the way. Bring water and bug spray.
Teatime at Tom.	People who have a hard time hiking or walking can enjoy this program where we sit outside the visitor center and soak up the nature around us. Topics will range from wildlife to geography. Free tea and cookies will be provided for this hour long program.
Junior Rangers/ Trail Kids.	Children ages 7-9 can earn Jr. Ranger status by attending these hour long programs each week. Through nature games, crafts and exploration, children can qualify for a Jr. Ranger patch and certificate.



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The Explorers Club.	Children ages 10-12 can further their nature studies by attending these weekly hour or so long sessions. We will take a closer look at various habitats along with extended hikes through the Mt. Tom range.
Life Around the Lake.	The watery world of Lake Bray will be explored for an hour each week. The subjects will range from dragonflies, to frogs, to beavers, to reptiles, to birds, to various plant life. Be ready to be step in mud or other messy situations. PROGRAMS START AT LAKE BRAY .
Hiking the Mt. Tom Range.	Each week we will travel on one of the great trails on the Mt. Tom Range. The terrain will be moderately strenuous at most and the pace will be slow enough to take a closer look at the wonder of nature. The hikes will last from one to two hours and water and bug repellant should be brought along with any other desired equipment (binoculars, snack, etc.)

VISITOR CENTER EXHIBITS & GALLERY

Stone House Visitor	Open Sunday to Wednesday	Visitor center is a small 1936 C.C.C. building originally built to be park
Center. (located at	10:00 a.m. to 5:00 p.m.	HQ. It now has a few nature exhibits along with trail maps and staff on
center of park)	(Closed during these times	board for information.
	only for programs.	